

Pitch Extrication Team Cardiac Arrest Guidance



Ensure all AED is checked pre-KO

- Ensure Defib pads are in date
- Ensure scissors are in pack
- Ensure towel is in pack
- Ensure razor is in pack
- Ensure battery is ready

Usually, it will be obvious that a player or official has suddenly collapsed. If not and you believe you have witnessed a sudden collapse immediately alert Immediate Care Lead / Extrication Team 1 so that radio communication can start.

In the event of a sudden collapse, Pitch Extrication Team should prepare immediately with extrication team member 5 going to the buggy if available, and/or collect extrication device.

Extrication Team Member 1: takes trauma bag

Extrication Team Member 2: takes AED

Extrication Team Member 5: drives buggy if available/ensure extrication equipment taken

Suspected/confirmed cardiac arrest within the Field of Play

Recognition

- Player/Official collapse to the floor
- Player/Official is away from the ball when the collapse occurs
- Player / Official collapses after blunt force to the chest (Commotio Cordis) i.e., heavy tackle
- Player / Official collapse with seizure-like activity

On Arrival at Player / Official side

- May have continued respiratory movement in some cases this may appear quite rapid
- Unresponsive
- May have seizure like activity

Resuscitation on Field of Play – Roles

- **Extrication Team Member 1:** will start chest compressions.
- **Extrication Team Member 2:** will cut shirt and apply AED pads; Extrication Team Member 1 & 2 must communicate to ensure shocks are delivered ASAP without prolonged interruption of chest compressions.
- **Extrication Team Member 3** will open red bag and start to prepare for ventilations/i-Gel insertion along with Immediate Care Doctor if available.
- **Extrication Team Member 4** will assist Paramedic 5 with preparing scoop and additional equipment as required.
- **Extrication Team Member 5** will ensure the buggy is parked in a suitable position ready for removal from the field of play.

Resuscitation on Field of Play – Actions

- In the event of a shockable rhythm 3 shocks will be delivered as per current guidelines while on the field of play.
- If the rhythm becomes non-shockable following a shock for more than one cycle of CPR preparation for moving the patient should commence.

Additional note

- The use of a mechanical chest compression device if available, should be decided on a case-by-case basis but will be brought to the player / Official side.
- Extrication Team Member 4 & 5 will be responsible for ensuring it is checked and available if required.
- Due to the nature of the event, it is important to consider patient dignity.
- Clear communication is essential for the smooth running of the cardiac arrest.